



Quarter 4 STQN Newsletter

Awareness Matters: Focusing on Lung Health and Seasonal Respiratory Preparedness



Dates to Remember:

Fourth Quarter STQN Finance and Operations Committee
Nov. 12 | 5:30 p.m. | Ponchatoula Conference Room

STQN Networking Event
Nov. 13 | 5:30-7:30 p.m. | St. Tammany Cancer Center lobby

From Robotics to Circulating DNA: Changing Paradigms in the Treatment of Oropharyngeal Cancer (1 CME)

Emily Karmen, MD

Nov. 21 | 5:30 p.m. | Covington/Mandeville Conference Room & Zoom

Fourth Quarter STQN Board Meeting
Dec. 10 | 5:30 p.m. | Ponchatoula Conference Room

Improving Outcomes Through Palliative Medicine (1 CME)

Farah Ali, DO

Dec. 12 | 5:30 p.m. | Zoom

First Quarter STQN Performance & Operations Committee
Jan. 7 | 7:00 a.m. | Ponchatoula Conference Room

2024 3rd Quarter Medical Director's Award

The Medical Director's Quality Award is awarded to Dr. Seth McVea for "his outstanding performance in achieving pediatric quality goals, which include completion of annual well child visits, immunization compliance, effective asthma treatment and appropriate specialty medication monitoring."



A Message from our Chairman:

STQN Physicians,

One of the strengths of our organization can be found in our close-knit network of physicians. Fostering those relationships between existing member physicians and welcoming new physicians is a principal goal of STQN.

To further this goal, STQN will host several events over the next year to bring member physicians together. The first event will be held at the St. Tammany Cancer Center at 5:30 p.m. on Wednesday, Nov. 13. The event will feature wine tasting and education provided by Adam Acquistapace. We look forward to seeing everyone there.

Sincerely,

A handwritten signature in black ink, appearing to read "L. Phillips Jenkins".

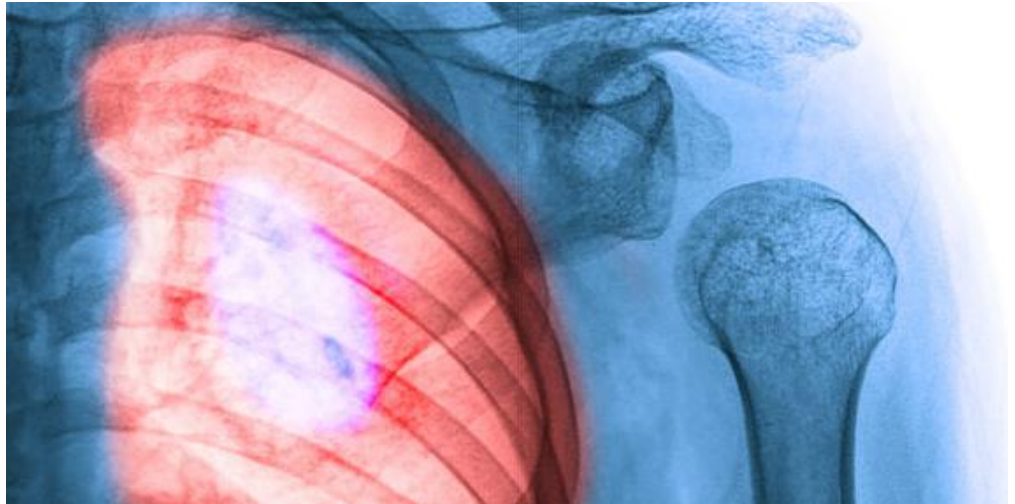
L. Phillips Jenkins

Shining a Light on Lung Cancer Awareness

The Recommendations for Low-Dose CT Screening:

Which patients are eligible for lung cancer screening?

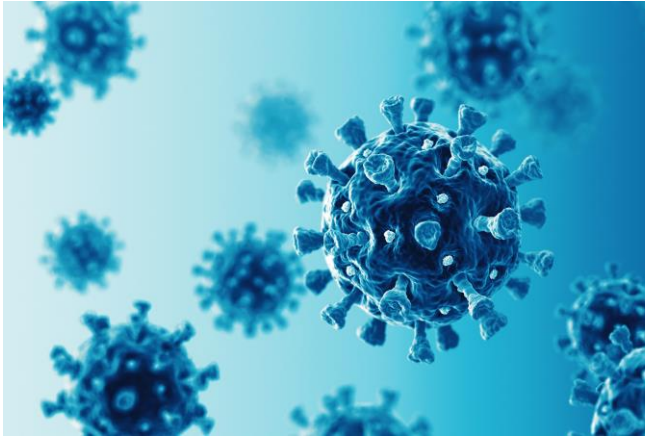
- Ages 50 to 80
 - Tobacco smoking history of at least 30 pack-years
 - Current smoker or one who has quit smoking within the last 15 years
 - Asymptomatic (no signs or symptoms of lung disease)
- OR**
- Ages 50 or older with a smoking history of 20 pack-years or more, and one additional risk factor other than second-hand smoke which may include:
 - Radon exposure
 - Occupational exposure to carcinogens (diesel fumes, silica, asbestos, arsenic, nickel, chromium)
 - Cancer history
 - Family history of lung cancer
 - History of COPD or Pulmonary Fibrosis



For more information or to schedule a low-dose CT scan, contact Megan Broussard at (985)871-LUNG. Scans are performed at the [Paul D. Cordes Outpatient Pavilion](#) at 16300 Highway 1085 (Bootlegger Road) in Covington.

Be Prepared for Fall and Winter Respiratory Illnesses

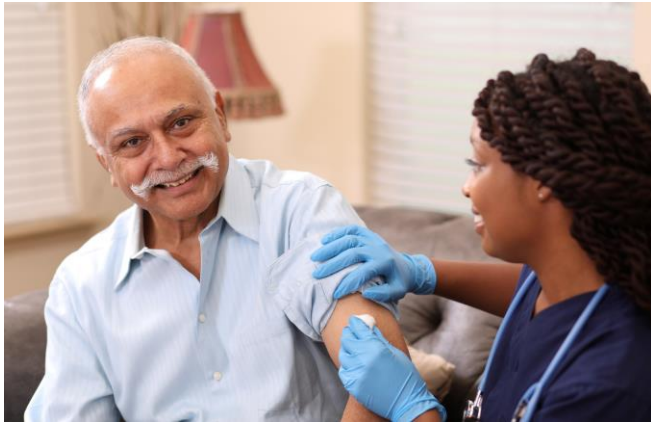
Tips to Prepare your Practice and your Patients:



1. Know what is anticipated this fall and winter virus season.
2. Understand what tools are available to protect patients against respiratory viruses.
3. Know the latest clinical guidance and recommendations for each virus and each patient.
4. Be prepared to talk to your patients about flu, COVID-19 and RSV immunizations.
5. Prepare your staff.
6. Reach out to your patients about what steps they can take to protect against fall and winter viruses.

[6 Tips to Prepare Your Practice and Your Patients for the Fall and Winter Virus Season \(cdc.gov\)](#)

Shining a Light on the Respiratory Syncytial Virus (RSV) Vaccine :



RSV is a frequent reason for hospitalization and mortality in older adults, particularly during the fall and winter seasons when it spreads more easily. The Centers for Disease Control and Prevention advises that all individuals aged 75 and older receive a single dose of the RSV vaccine if they have not yet been vaccinated. The vaccine is also recommended for people ages 60 and up who:

- Have chronic medical conditions, such as asthma or congestive heart failure.
- Live in long-term care facilities.

[RSV in Adults](#) | [RSV](#) | [CDC](#)

RSV is a prevalent cause of serious respiratory illness in infants. There are two options to safeguard a baby from severe illness due to RSV. The Centers for Disease Control and Prevention advises:

- Vaccinate pregnant women during weeks 32 through 36 during the months of September through January.
- RSV immunization to babies ages 8 months or younger during their first RSV season.

[RSV in Infants and Young Children](#) | [RSV](#) | [CDC](#)

